

Race Briefing- Woomargama Winery Run 2019

http://www.riverinatrails.com.au/riverina-trail-series/

Entry

Online entries close midnight Friday. You can still come and enter (with an old fashioned paper form) on Saturday at Athletes Foot Albury from 10am-12pm or at the race hub from 9am-9.50am Sunday.

Race day timetable

The Woomargama Winery Run will be held on Sunday 30 June with a timetable as follows:

Saturday 29th June

· 10am-12pm: Race bib collection and late registration at The Athletes Foot Albury.

Sunday 30th June

- · 9am: Race bib collection and late registration at Flyfaire Winery, Tunnel Road, Woomargama
- · 9.55am: Race briefing
- · 10am: Race start
- · 11am: Food service starts
- · 12pm: Presentations
- · 1pm: Course closes

Course completion

We expect all competitors will be off the course by 1pm. Finishers after this are not official.

Start/finish location

The start and finish is at Flyfaire Wines, Tunnel Road, Woomargama.

Food Service

The Flyfaire winery will fire up a BBQ, coffee, curly chips, soup and mulled wine on site at the finish- bring your coins and notes!

Parking

Please park on the paddock on the right hand side of the driveway, as signposted- if you reach the winery building, you've driven too far!

Toilets

There will be portaloos and toilets on site at the winery.

Supporters

Supporters, family and friends of runners are welcome to attend the race. Please do not interfere with or give aid to runners outside the formal aid stations.

Photography

Greybox Images will be taking the photos at the Woomargama Winery Run and they will be available from the Geosnapshot website after the race- we will post the link on Facebook and send via email.

Coffee

Coffee will be sold by the winery!

Course

Long Course Map



Short Course



Hydration

There will be water, sports drink and coke at Checkpoints- the short course has a checkpoint at the 3.5km turn. The long course has an unmanned water drop, followed by two checkpoints at 10.5k and 14.5km.

Rubbish

No participants are to leave any rubbish on the course. If a participant is seen to leave rubbish on the course it may result in a disqualification.

Traffic

The race courses use several country roads which are not closed for the event, particularly Hanel's Road in the early parts of the course, and the Tunnel Road crossing (sealed road). Please treat all roads as though they have cars on them (which they may well), cross them with care and obey the instructions of any event volunteers.

Members of the Public

These trails are popular with cyclists and walkers. Please treat them courteously and give them space.

Pets

Runners are not permitted to run with personal pets. Pets are welcome at the Start/Finish area and there is ample space for them to run around; however, pets that are not familiar with socialising with other pets are to be kept on a lead at all times.

Mandatory gear

We recommend carrying a phone.

Timing, race results and photos

Photos will be available for purchase via Geosnapshot. Link will be distributed post race.

Race results will be timed via Racesplitter and draft results uploaded on Monday or Tuesday after the race.

Parklands Albury Wodonga

Riverina Trails is a Parklands Albury Wodonga Community Project. Proceeds go towards providing us with accessible recreational environments and more local trail events. Parklands Albury Wodonga is a not-for-profit community managed organisation. Parklands works across 4,000 hectares of bush parks

Visit our main page and learn more.

We kindly ask for <u>donations to Parklands Albury Wodonga</u>. Donations are at the discretion of the individual and no amount is too little or big! Learn more about parklands and the direction of donations at https://www.parklands-alburywodonga.org.au and riverinatrails.org

Actions on Lost

Remain in place; the nature of the course means that you will not be too far from other competitors, marshals or a public road. Consult your map, orientate yourself and the map to north, look for known reference points on the map and near you, and determine if you are still lost. If you are still lost, call the Race Director 0409047714 to receive instructions for assistance.

All competitors will be tracked on arrival at the finish line and a tail runner will follow the course to ensure no one remains out on the course at the end. After the cut-off time, if you have not been checked in at the finish line, the Race Director and marshals will conduct a search along the course to locate you.

Race rules

The following rules apply to all runners participating in all races with Parklands:

- Stick to the marked course;
- Do not block the path of another runner;
- If another runner comes across an injured participant they are to render first and contact the Race Director or the nearest Marshal to organise medical evacuation if required;
- Competitors must wear their issued race bib on their front throughout the conduct of the race;
- MP3 players are not to be used to ensure all participants are aware of their surroundings and fellow participant's requirements as necessary; and
- On completing the race, runners are to make sure that the staff have recorded their race numbers.

How do I know where to turn?

Signage specific to each event will be placed at turn points.

What's next?

After Woomargama Winery Run, runners return to the more familiar trails of Albury Range (Nail Can Hill) on July 28! Details at www.riverinatrails.org

Sponsors-thank you!





